

CALOGEN EXTRA

A ready-to-use, energy dense, long chain triglyceride fat emulsion, enriched with protein, vitamins and minerals.

FEATURES

- **Energy dense (4kcal/ml, 150kcal per 40ml shot):** to support patients with high energy requirements and/or fluid restriction.
- **Shot-style oral nutritional supplement:** suitable for dispensing during medication rounds.
- **Can be mixed into foods and fluids:** for patient convenience and variety.
- **Enriched with protein, vitamins and minerals.**
- **Fibre-free:** for patients requiring a residue restriction.
- **User-friendly 200ml bottle with 40ml measuring cup for dosing:** ergonomic plastic bottle, with resealable easy to open cap.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Patients requiring a fluid or volume restriction.
- Patients requiring a residue restriction.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- May require dilution for use in patients under 5 years of age.

Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.
- Use measuring cup (40ml) provided on top of bottle to aid dosing.
- **Recommended dosage:** 3 x 40ml shots or 120ml per day in divided doses, unless otherwise specified by a healthcare professional.

Storage

- Store in a cool, dry place.
- Not suitable for freezing.
- Once opened, close the bottle and store in a refrigerator for max 48 hours.
- Always replace the container lid after use.
- Wash the cup thoroughly after use.
- Discard unused contents after 48 hours.

Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

Calogen Extra	Presentation	Product code	Units per carton
Neutral	200ml bottle	41495	24

Ingredients

Calogen Extra Neutral: Water, vegetable oils (rapeseed oil, sunflower oil), cow's milk protein caseinates, sugar, potassium citrate, whey protein hydrolysate (from cow's milk), tri calcium phosphate, magnesium hydrogen phosphate, flavouring (soy masking), magnesium carbonate, acidity regulator (citric acid), choline chloride, sodium L-ascorbate, potassium chloride, maltodextrin, sweetener (sucralose), ferrous lactate, inositol, zinc sulphate, sodium selenite, nicotinamide, retinyl acetate, copper gluconate, manganese sulphate, D-biotin, calcium D-pantothenate, cholecalciferol, chromium chloride, pteroylmonoglutamic acid, cyanocobalamin, pyridoxine hydrochloride, thiamin hydrochloride, potassium iodide, sodium molybdate, riboflavin, phytomenadione.

Allergen & Cultural Information

- Contains: cow's milk protein.
- Does not contain: wheat, egg, nuts*, lupins.
- No Halal forbidden ingredients.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



CALOGEN EXTRA

NUTRITION INFORMATION		Per 100ml	Per 40ml
Energy	kcal	400	160
	kJ	1650	660
Protein	g	5 (5% E)	2
Casein	g	4	1.6
Whey	g	1	0.4
Carbohydrate	g	4.5 (4% E)	1.8
Sugars	g	3.5	104
as Lactose	g	<0.025	<0.01
Fat	g	40.3 (91% E)	16.1
Saturates	g	3.9	1.6
Monounsaturates	g	24.8	9.9
Polyunsaturates	g	11.6	4.6
ω6 : ω3 ratio		5:1	5:1
Fibre	g	0	0
Water	ml	48	19
Minerals		Per 100ml	Per 40ml
Sodium	mg	70	28
	mmol	3	1.2
Potassium	mg	535	214
	mmol	13.7	5.5
Calcium	mg	223	89
Phosphorus	mg	197	79
Magnesium	mg	90	36
Chloride	mg	80	32
Ca:P ratio		1.1:1	1.1:1

* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof.

Vitamins		Per 100ml	Per 40ml
Vitamin A	μg-RE	210	84
Vitamin D	μg	3	1.2
Vitamin E	mg α-TE	6	2.4
Vitamin K	μg	31	12.4
Vitamin C	mg	30	12
Thiamin	mg	0.4	0.16
Riboflavin	mg	0.4	0.16
Niacin	mg NE	5.1	2
Vitamin B ₆	mg	0.55	0.2
Vitamin B ₁₂	μg	0.8	0.3
Folic Acid	μg	105	42
Pantothenic Acid	mg	1.5	0.6
Biotin	μg	16	6.4
Trace Elements		Per 100ml	Per 40ml
Iron	mg	3	1.2
Zinc	mg	3.5	1.4
Manganese	mg	0.71	0.28
Copper	μg	370	148
Iodine	μg	46	18.4
Molybdenum	μg	20	8
Selenium	μg	23	9.2
Chromium	μg	11	4.4
Fluoride	mg	0	0
Other		Per 100ml	Per 40ml
Choline	mg	100	40
Inositol	mg	11	4.4
Osmolality	mOsmol/ kg H ₂ O	810	810

**A food for special medical purposes;
to be used under strict medical supervision.**

For more information call the
Nutricia Careline 1800 438 500

NUTRICIA
LIFE-TRANSFORMING NUTRITION

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